# **4** COMMITMENTS



## For a Healthier, more Connected and Flourishing Culture at Work in 2024

While you may have set strategic goals for 2024, we want to offer a slightly different approach to the new year. Our commitments - conscious or unconscious - create our culture and determine *how* we run our company and treat our people. The following commitments are the starting point for a healthier, more connected and thriving workplace.

Download the full PDF on our website at www.vertiklesolutions.com/2024

## Commit to taking care of yourself.

You are constantly modeling behavior to your employees - and so health starts with you. Prioritize self-care, practice self-compassion and do business with your fear. Communicate in truth and honesty and get out from behind the screen to engage personally.

### Commit to meaningful rituals and practices that connect.

Prioritize the rituals, celebrations and moments that make us most human, including time to eat together, play together, celebrate the wins, losses and transitions, all while ensuring there is time to rest. All of this is most powerful when we do together, and find ways to do with a cross-section of people in our company: inter-team, inter-generational and inter-position.

## Commit to empowering others.

With humility and a posture of service to others, we empower our people when they see a clear path for growth and development, are invited to be honest and provide feedback without retribution, are given authority and entrusted to make decisions, and feel included in the larger, collective purpose and mission of the company.

## Commit to a culture of hope.

As a leader, you not only cast vision and hold employees responsible, but practice hopefulness by reminding each person is a vital part of the team and mission, telling stories of how the company's product or service is improving lives and redefining the bottom line - the ultimate good the company is doing for people, planet and society.





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Vertiklë Solutions is a consulting agency helping companies create cultures of connection and belonging where employees thrive.

We are passionate about helping leaders make people-first commitments and establishing practices that create a culture where employees not only stay, but innovate, collaborate and flourish.

Please contact us to schedule a free intro conversation!

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